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Introduction

Sexual violence remains widespread across the United States, with women in Michigan reporting rape during their lifetime at a rate of more than 25% (MDHHS, 2018). Sexual assault patients benefit from having access to Sexual Assault Nurse Examiners (SANEs), specialized nurses who are trauma-informed and victim-centered. Yet across the United States, there is an ongoing shortage of SANEs, particularly in rural areas (Kaplan et al., 2021). Recent data indicated that there are approximately 175 SANE-trained nurses in Michigan, with only 65 being SANE certified (MDHHS, personal communication, 2020).

Michigan State University College of Nursing (MSU CON) has been awarded funding from the Health Resources and Services Administration (HRSA) to help expand access to sexual assault nurse examiners (SANE) in Michigan. The purpose of the project is to increase the number, accessibility, and sustainability of sexual assault nurse examiners in underserved, rural areas of Michigan. This grant is a three-year project that has three components that focus on supporting nurses seeking SANE-A certification.

One component of this process is developing this tool kit as a resource guide to SANE educated nurses to help them achieve the 300 practice hours required for SANE certification. The MSU HRSA SANE tool kit is an evolving document and will provide ideas for practice opportunities across the state. The tool kit includes background information on existing SANE programs, as well as helpful resources nurses may need in navigating the certification process. Additionally, the tool kit describes the process for obtaining financial support from the MSU SANE HRSA grant to help nurses successfully complete the steps toward certification.

Funding Statement

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For more information, please visit HRSA.gov.

International Association of Forensic Nursing

"The International Association of Forensic Nurses is the recognized authority on forensic nursing. The Association is the catalyst for universal access to forensic nursing care for patients impacted by violence and trauma." (IAFN, 2021). The IAFN membership and goals encompass a variety of issues and concerns around forensic nursing. A major focus is meeting the needs of sexual assault survivors. IAFN is the main certifying body for sexual assault nurse examiners (SANEs). The links below provide you with some of the information that you can access at their site.

Membership Information

https://www.forensicnurses.org/page/MbrJoinNow/

Benefits of becoming a member:

- Access to free and discounted forensic nursing continuing education
- Discounted rates for fees related to the annual conference and certification
- Networking Nationally and at the state level
- Promote leadership and develop expertise

Certification Information

Background https://www.forensicnurses.org/MainCert/

SANE Certification Exam Details https://www.forensicnurses.org/page/CertExam/

Steps for applying and review of eligibility (see handbook link on page below) https://www.forensicnurses.org/page/ExamDetails/#eligibility

Forensic Nursing Education Guidelines

https://www.forensicnurses.org/page/EducationGuidelinesAccess?&hhsearchterms=%22iafn+and+sexual+and+assault+and+nurse+and+examiner+and+education+and+guide%22

Certification Review Materials https://forensicnurses.org/page/OLCAccess/

SANE Programs in the State of Michigan

The MSU HRSA SANE Grant project team has developed a map to give a geographical representation of where SANE programs in Michigan are located. Sources listed in reference page.

Current SANE Programs in the State of MIchigan

- Represents counties with an existing SANE program
- an existing shire
- 1. Aspirus Grandview
- 2. Avalon Healing
- AWARE Inc.
 Bay Area Women's Center
 - 5. Branch County Sexual Assault
 - Services
 - 6. Bronson Sexual Assault Services
 - 7. Resilience: Advocates for Ending
 - Violence
 - Communities Overcoming Violent Encounters (COVE)
 Dickinson County Healthcare
 - System
 - Genesys Regional Medical Center & YWCA of Greater Flint - SAFE Center
 HAVEN
 - 12. LACASA SANE
 - 13. Mid Michigan Medical Center
 - Gratiot 14. Northern Michigan Children's Assessment Center FNEP
 - 15. Promedica North Region Forensic Program
 - 16. Sexual Assault Center Child & Family Services of Saginaw
 - 17. Shelterhouse Midland
 - Sparrow Health System & Michigan State University
 - Spectrum Health Big Rapids
 Spectrum Health Lakeland
 - Forensic Care and Advocacy 21. Spectrum Health Reed City
 - 22. St. Joseph Mercy Hospital &
 - University of Michigan 23. Trace Holistic
 - 24. Turning Point
 - 24. Turning Point 25. VMCA of Kalamaa
 - 25. YWCA of Kalamazoo
 - 26. YWCA West Central Michigan



SANE Programs in the State of Michigan: Directory

Name	Location	Website	Contact Email	Phone Number
Aspirus Grandview SANE Program	Ironwood - >Wausau, WI	https://www.aspirus.org/emergency-trauma	Lindsey.heathman@aspirus.org	(906)-932- 6220
Avalon Healing	Detroit	https://avalonhealing.org	info@avalonhealing.org	(313)-964 - 9701
AWARE INC	Jackson	https://www.awareshelter.org	info@awareshelter.org	(517)-783- 1638
Bay Area Women's Center SANE Program	Bay City	https://www.bawc-mi.org	info@bawc-mi.org	
Branch County Sexual Coldwater Assault Services		https://278safe.com	director@278safe.com	(517)-279- 5437
Bronson Sexual Assault Services	Battle Creek	https://www.bronsonhealth.com/services/sexual- assault-services-of-calhoun-county/	khillahs@bronsonhg.org	(269)-245- 3925
Resilience: Advocates for Ending Violence	Holland	https://resiliencemi.org	mail@ResilienceMI.org	(616)-392- 2829
Communities Overcoming Violent Encounters (COVE)	Ludington	https://callcove.com/services/	mwuori@callcove.com	
Dickinson County Healthcare System	Iron Mountain	https://www.dchs.org/emergency-department- convenient-care/	renee.stanchina@dchs.org	(906)-774- 1313
Genesys Regional Medical Center	Grand Blanc	https://healthcare.ascension.org/locations/michig an/migra/grand-blanc-ascension-genesys-hospital	Michelle.most@ascensio.org	(810)-606- 7263
Henry Ford Allegiance Health	Jackson	https://www.henryford.com/locations/allegiance- health		(517)-745- 8725
HAVEN	Pontiac	https://www.haven-oakland.org/	dzalecki@haven-oakland.org	(248)-334- 1284

ProMedica Monroe	Monroe	https://www.promedica.org/location/promedica-		(734)-240-
Regional Hospital		monroe-regional-hospital		4508
LACASA SANE Program	Howell	https://lacasacenter.org/sexual-assault-nurse- examiner-sane/	info@lacasacenter.org	(517)-548 1350
MidMichigan Medical Center Gratiot			Vickie.evitts@midmichigan.org	(989)-466 3697
Northern Michigan Children's Assessment Center FNEP	Roscommon	https://nmcac4kids.org	office@nmcac4kids.org	
Promedica North Region Forensic Program			rachelle.vanAken@promedica.org	(517)-265 0319
Sexual Assault Center	Saginaw	https://www.childandfamilysaginaw.org/sexual- assault/crisis-services/		(989)-790 7500
Shelterhouse	Midland	https://shelterhousemidland.org	info@shelterhousemidland.org	(989)-698 1620
Shelterhouse	Gladwin	https://shelterhousemidland.org/	info@shelterhousemidland.org	(989)-426 9413
Sparrow Health System SANE Program	Lansing	https://www.sparrow.org/departments- conditions/all-departments/emergency- medicine/sparrow-forensic-nurse-examiner-fne- program	jill.hicks@sparrow.org	(517)-364 3931
Spectrum Health Big Rapids	Big Rapids	https://www.spectrumhealth.org/locations/spectr um-health-big-rapids-hospital	shannon.behling@spectrumhealth.org	(231)-592 4237
Spectrum Health Lakeland Forensic Care and Advocacy	Niles	https://www.spectrumhealthlakeland.org/medical -services/sane		(800)-968 0115
Spectrum Health Lakeland Forensic Care and Advocacy	Watervillet	https://www.spectrumhealthlakeland.org/medical -services/sane		(269)-687 1880
St Joseph's Oscoda Health Center	Oscoda	https://healthcare.ascension.org/locations/michig an/mitaw/oscoda-ascension-st-joseph-hospital- oscodahealth-park		(989)-747 0119

Spectrum Health Lakeland Forensic Care and Advocacy	St. Joseph	https://www.spectrumhealthlakeland.org/medical -services/sane		(269)-687- 1880
Spectrum Health Reed City	Reed City	https://www.spectrumhealth.org/locations/spectr um-health-reed-city-hospital		(231)-592- 4237
St Joseph Mercy Hospital/ University of Michigan SANE	Ann Arbor	https://www.stjoeshealth.org/	<u>meri.trajkovski@stjoeshealth.org</u>	(734)-712 - 2676
Mercy Health Partners - Hackley Campus	Muskegon	https://www.mercyhealth.com/about-us/contact- us		
Munson Medical Center SANE Program	Traverse City	https://www.munsonhealthcare.org/		(231)-935- 6333
First Step - Detroit	Detroit	https://www.firststep-mi.org/		
First Step - Lincoln Park	Lincoln Park	https://www.firststep-mi.org/		
Turning Point	Mt. Clemens	https://turningpointmacomb.org/forensic- nursing-and-advocacy/	rdiegel@turningpointmacomb.org	(586)-463 - 4430
University of Michigan SANE	Ann Arbor	https://uhs.umich.edu/sexual-assault-exam	scheiman@med.umich.edu	(734)-936- 4000
YWCA of Greater Flint SAFE Center	Flint	http://www.ywcaflint.org/safehouse-shelter- 280063.html	jennifer.carpenter@ascension.org	(810)-238- 7621
YWCA of Kalamazoo	Kalamazoo	https://www.ywcakalamazoo.org	sbrockway@ywcakalamazoo.org	(269)-345- 5595
YWCA West Central Michigan	Grand Rapids	https://www.ywcawcmi.org/our-services/sexual- assault/	ssolis@ywcawcmi.org	(616)-426 - 3725

Preceptor Site Locations

As part of grant project work, we have connected with several large SANE practice sites, informing them of our program, and the need for individuals to gain practice hours. These sites are offering to serve as preceptor sites for nurses to come shadow and/or have a hands-on clinical experience with an experienced SANE. This is not a formal arrangement with the MSU CON. Each of you will need to reach out to the sites if you are interested in participating in a precepted experience with them and discuss options. The table below details out contact information and requirements for each site location. Participants will need to contact sites directly to schedule times for these experiences. There are some participant stipend funds available to help support these activities.

As a reminder, we expect that all participants engage with the patients and the health care team at the preceptor sites with professionalism, compassion, and respect. We are grateful for their commitment to their patients and their willingness to provide this learning opportunity.

Prior to scheduling a shift at the preceptor site, participants should reach out to the project team at <u>msusane@msu.edu</u>. The project team will assist in creating a clearance packet for the participant to bring to the site. Please also fill out the "Participant Stipend Request Form" and return to <u>msusane@msu.edu</u> to help supplement the costs of travel and fees.

Name	Address	Requirements	Fees	Expectations
Avalon Healing		Avalon internal forms Nursing Malpractice Insurance MSU Background Clearance Packet	\$100/shift (no cases) Or \$100/case	On call hours- available to respond ASAP (max in 30- 45 minutes) Attire: Scrubs
Bronson Battle Creek		Nursing Malpractice Insurance RN Licensure	\$100/shift (no cases) Or	

Sexual Assault Services Nurse Examine	Certificate of Completed SANE-A course MDHHS Background Clearance National and State Background Checks Up to date Vaccination (Hepatitis B, Flu, Covid) Current annual negative TB screen HIPAA training Powered Air Purifying Respirator and N95 respirator fit test Current annual negative drug screen (10 panel non- regulated) Current Basic Life Support ("BLS") Orientation to BRONSON Standards and Safety requirements BRONSON Picture ID Badge for students	\$100/case	
HAVEN	Haven Confidentiality Agreement Nursing Malpractice Insurance MSU Background Clearance Packet	\$100/shift (if no cases) or \$100/case.	On call hours- available to respond ASAP (max in 60 minutes) Direct communication with the nurse on call – notify an hour prior to shift (text or call) Attire: Scrubs or casual

Turning Point	Turning Point Confidentiality Agreement Nursing Malpractice Insurance Turning Point Background Clearance Packet MSU Background Clearance Packet	\$100/in- office day Or \$100/shift (no cases) Or \$100/case	On call hours- available to respond ASAP (max in 30- 45 minutes) Attire: Scrubs
YWCA West Central Michigan	YWCA Confidentiality Agreement Nursing Malpractice Insurance MSU Background Clearance Packet	\$100/case \$100/shift (no cases) Or \$100/case	 Shadowing experience (observation only) Schedule shadowing one week in advance (Call to schedule speak with Stephanie or Angie) Be available/on-call for the entire shift. Stay throughout the exam including charting. Responsible for establishing communication with the on- call nurse prior to each shift. Staff nurse name and number will be provided. Orientation to the building location is the student's responsibility prior to shift.

Alternative Clinical Practice Hours Suggestions

MSU CON HRSA SANE Grant project team has surveyed a variety of individuals including IAFN personnel, experts in the field, community leaders and SANE nurses across the state to identify ideas for nurses to consider accruing practice hours. Not all practice hours need to be directly observing or participating in the SANE exams. We have listed some of the ideas below. Please make sure to confirm with IAFN if you have any questions about what can count towards practice hours meeting certification requirements. These arrangements will be made through your personal contacts and are not a direct precepted experiences through MSU CON.

The below is a list of ideas:

Local Health Department

Nurses may be able work/shadow in the STI clinic or improve clinical competency with pelvic exams

Information for your local health department can be found using the link below: https://www.michigan.gov/mdhhs/inside-mdhhs/county-offices/lhd

Planned Parenthood

Nurses may be able gain pelvic proficiency skills, birth control options, STI management Information on Planned Parenthood centers can be found using the link below: <u>https://www.plannedparenthood.org/health-center</u>

Local Emergency Department

Nurses are encouraged to reach out to any associated hospital or health system to identify if they can gain experience through working with nurses who respond to patients presenting with a chief complaint of sexual assault

OBGYN Practices

Nurses are encouraged to reach out to any local OBGYN practices to identify if a preceptorship would be possible here. Nurses could gain great experience related to performing a pelvic exam and mastering normal vs abnormal anatomy.

Consulting Hours

IAFN certification guidelines identify some non-clinical hours that you can accrue as part of your <u>300 practice hours</u>. Alternative hours outside of normal clinical practice hours, can also meet the IAFN requirements for certification hours.

The below is a list of ideas that nurses can explore to gain additional practice hours:

- 1) Participating in Case reviews with other SANE peers
 - a. Michigan Chapter of IAFN routinely reviews cases during meetings
 - b. You may also find that your local SANE nurses have case review that they may consider you participating in with them.
- 2) Working with the <u>Michigan State Police Forensic Science Laboratory</u>. Below is a list of the forensic laboratories in Michigan and contact information as found on the website.
 - a. Bridgeport
 - i. Address: 6296 Dixie Highway, Bridgeport, MI 48772
 - ii. Phone: 989-777-9300
 - iii. Lab Director: Mr. Keith LaMont
 - b. Lansing
 - i. Address: 7320 N. Canal Rd, Lansing, MI 48913
 - ii. Phone: 517-284-3491
 - iii. Lab Director: F/Lt. Gary Daniels
 - c. Northville
 - i. Address: 42145 W. 7 Mile Road, Northville, MI 48167
 - ii. Phone: 248-380-1000
 - iii. Lab Director: Mr. Glen Hall
 - d. Grand Rapids
 - i. Address: 2290 4 Mile Rd. NW, Grand Rapids, MI 49544
 - ii. Phone: 616-242-6650
 - iii. Lab Director: F/Lt. Jay Peterson
 - e. Marquette
 - i. Address: 1924 Industrial Parkway, Marquette, MI 49855
 - ii. Phone: 906-228-2683
 - iii. Lab Director: F/Lt. Jason Welch
 - f. Grayling
 - i. Address: 103 James St., Grayling, MI 49738
 - ii. Phone: 989-348-5449
 - iii. Lab Director: Mr. John A Lucey
 - g. Metro Detroit
 - i. Address: 1301 Third Street, Detroit, MI 48226
 - ii. Phone: 313-962-2930
 - iii. Lab Director: F/Lt. Charles Morden
- 3) Attending and participating in SART meetings

- a. To find programs serving a specific local community, visit the <u>Michigan Coalition</u> to End Domestic and Sexual Violence
- b. Connect with local law enforcement and identify if a potential ride along with a detective investigating a sexual assault case would be possible
- 4) Attend IAFN "Advocacy Day" or other policy work directly related to SANE practice
- 5) Community education
 - a. Ideas include but are not limited to:
 - i. Giving a presentation to local high school or college students about STIs, consent, or dating violence
 - ii. Speaking to law enforcement, attorneys, or local advocacy/community groups about the role of the SANE
 - iii. Collaborating with the crime lab to clarify or improve evidence collection processes
- 6) Develop protocols for SANE related work/programs
 - a. Resources
 - i. National Protocol for Sexual Assault Medical Forensic Examinations
 - ii. National Best Practices for Sexual Assault Kits
 - iii. MDHHS- Sexual Assault Healthcare Toolkit
- 7) Complete the End Violence Against Women International virtual practicum
 - a. Link here: <u>https://evawintl.org/vp/</u>
 - b. No cost
 - c. Nurses can earn up to 19 Continuing Education Credits
 - d. Teaches health care providers each step of a person-centered approach to a sexual assault medical forensic exam

Participant Stipend Grant Funds

MSU CON HRSA Grant has been approved to allocate up to \$1000 per nurse every budget year (July 1 to June 30) to help support their personal journey with SANE-A certification. Project team can disburse funds on a quarterly basis with ongoing participant engagement and completion of clinical hours log. For those participants who choose to visit one of the identified preceptor sites, the project team will reimburse the site directly for their fees. Any remaining funds will be disbursed as stated above. Nurses will need to complete the participant request form and work with project personnel to process these requests. Below is a list (not exclusive) of ideas that participants can request funds for.

Ideas for Fund Use

- IAFN National and local Membership
- SANE-A Certification fee
- SANE-A Certification Preparation Materials
- Clinical/Preceptor Site Fees
- Support for Per diem/on call work
- Travel expenses incurred from completing practice hours
 - o Lodging, mileage

If a participant is unengaged in project for 6 months, project team will consider this participant to be no longer active.

After successful completion of the certification exam, participants are considered to have graduated from our program. However, we will continue to invite them to our monthly learning sessions and inquire if they can be referred to as a support for other participants.

MICHIGAN STATE UNIVERSITY

College of Nursing

SANE Education: Participant Stipend Request Form

Legal Name:	Date:	
Home Address:		
Requested Funds:	Total Funds Received (YTD):	

Please provide a detailed plan for the use of the funds. Please include actual anticipated cost(s) associated with the plan.

How will these funds support your further understanding and practice as a SANE in Michigan?

I, _____, agree to use the funds in the manner as specifically stated above. If I need To change or modify my plan, I will contact <u>msusane@msu.edu</u>. I understand that if I do not use the financial support in the manner requested, I am obligated to return the funds.

Participant Signature:	Date:	
<u>For Project Team Use</u> Participant required to provide invoice/receip	ot: Yes No	
Reviewed By:	Date:	
Approved Denied N	Need additional information	

SANE Practice Hours Log

Name:_____

Precepted Hours or Independent practice	Date	Location	Type of Experience (clinical, consulting, shadow, case review, etc)	Time Spent	Skills acquired	Preceptor or Supervisor Name	Preceptor or Supervisor Signature

Precepted Hours or Independent practice	Date	Location	Type of Experience (clinical, consulting, shadow, case review, etc)	Time Spent	Skills acquired	Preceptor or Supervisor Name	Preceptor or Supervisor Signature

Total number of patients seen: Total number of forensic exams:

MSU CON HRSA SANE Grant Project Team

Project Team Email: msusane@msu.edu

Katherine Dontje PhD, FNP-BC, FAANP (*she/her/hers*) Associate Professor College of Nursing, Michigan State University Project Director

Rebecca Campbell, Ph.D. (*she/her/hers*) Michigan State University Presidential Advisor, Office of the President Professor, Department of Psychology Evaluator

Autumn Ashley, MS, BSN, RN, OCN (*she/her/hers*) Michigan State University | College of Nursing Bott Building for Nursing Education & Research Project Coordinator

Jenifer Markowitz, ND, RN, WHNP-BC, SANE-A, DF-IAFN (*she/her*) Forensic Healthcare Consulting Chief Consultant

Lore Rogers, JD (*she/her*) Michigan DHHS Division of Victim Services Project Collaborator

Morgan PettyJohn, Ph.D (*she/her/hers*) Michigan State University, Department of Psychology Project Evaluation Team

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