

# Trauma Informed Interview Questions

## Key Questions:

1. What are you able to tell me about your experience?
2. What was your thought process during the experience?
3. What are you able to remember about the experience? Smell? Hear? Touch? Taste? See?
4. What were your reactions? Physically, emotionally?
5. What was the most difficult part of this experience for you?
6. What, if anything, can't you forget about the experience?

***Rather than asking "why..." questions, say  
"Can you tell me more about that?"***