

Documentation for Behavior and Demeanor

<p>Do not use: Cool, composed, controlled, flat affect, angry, enraged</p>	<p>Use: Descriptions of behavior agitated, irritated</p>
<p>Quantify Behaviors: Number of times, Amount of time Intensity - loud or soft</p>	<p>Qualify behaviors: Manner measured, halting, abrupt, tentative</p>
<p>Eye contact: (do not use good or poor) Maintained eye contact, avoided eye contact, fixed stare, stared off to side, glared at, closed eyes (when and how long) looked only when addressed, looks at floor or ceiling</p>	<p>Body posture: Slouched, slumped, arms crossed across body, fetal position, stooped, clenched fists, wringing hands, restless, shuddering, shaking, tremors, trembling, cowering, stunned, startles easily, curled up on the cart</p>
<p>Speech: Responded in 1-2 word answers, Responded only when asked a question, Whispered, slow, mumbled, stammered, hesitant Rate: fast, slow, Talked and cried at the same time</p>	<p>Actions: Blew nose, wiped eyes with tissue, clutched clothing, pacing, rocking back and forth, agitated pulling at sheets, sheets pulled up over face, pulling away</p>
<p>Responsiveness: (do not use "cooperative") Followed directions, Answered questions when asked, Paused before answering, disoriented unresponsive, volunteered information</p>	<p>Demeanor: Serious, sluggish, silent, somber, solemn, listless, quiet</p>
<p>Nonverbal expressions: Cry, wail, sob, weep, sniffle, whimper, sigh</p>	<p>Facial expressions: Frown, scowl, grimace, flinch, wince, biting lips, clenched jaw, pursed lips, grinding teeth</p>
<p>Facial expressions: Frown, scowl, grimace, flinch, wince, biting lips, clenched jaw, pursed lips, grinding teeth</p>	<p>Appearance: Bruised, eyes red, dirty, wet, clothes inside out, covered with debris, scratched, bloody, smells, clothes disheveled, hair disheveled</p>
<p>Describe anxiety (state patient is anxious and support with behavior) Wringing hands, tapping foot, sweating profusely, dilated pupils, or use the patient's statement (e.g., "I feel nauseated," "I have a knot in my stomach," etc.)</p>	