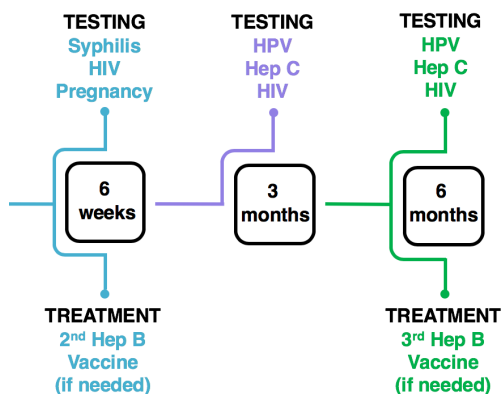


NEXT STEPS

- If you were given any take-home medication, it is very important to finish taking them
- You can spread an STI to your partner(s) if you were infected during a sexual assault
- Important to use a condom or other barrier method until STI/HIV status has been determined (6 months)
- Follow-up with your doctor about getting tested, even if you aren't experiencing any symptoms

FOLLOW-UP TIMELINE



Go to your doctor ASAP for the 1st Hep B & HPV Vaccine (if needed)

NEED ADDITIONAL HELP?

Find help with a map locator:
RapeHelpMN.org

National Sexual Assault Hotline:
1-800-656-4673



Come back at any time if you need:

- Counseling
- Crisis Support
- Referral for Services
- Testing and/or Treatment

Sources: Centers for Disease Control and Prevention, Minnesota Department of Health, World Health Organization

Created October 2019



Sexually Transmitted Infections
(STIs)
for Adolescents and Adults

BEFORE WE GET STARTED

It is possible to get an STI from being sexually assaulted

STIs can impact your long-term health if left untreated





It can take weeks or even months for some STIs to develop

There is medication available





We strongly encourage you to come in for follow-up testing*

*Recommendations are on the back of this brochure





Chlamydia

-  Most men and women will have no symptoms
-  Potential for long-term health impact if left untreated
 - May lead to severe pelvic infection
 - May make it difficult to get pregnant
-  There is safe and effective treatment
-  Take a one time treatment today

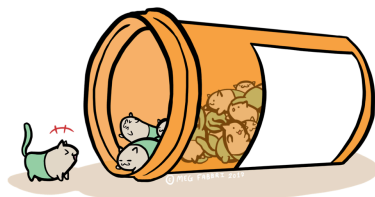
Gonorrhea

-  Most men and women will have no symptoms
-  Potential for long-term health impact if left untreated
 - May lead to severe pelvic infection
 - May make it difficult to get pregnant
-  There is safe and effective treatment
-  Take a one time treatment today





Trichomonas

-  Some people will have a foul smelling discharge
-  Potential for long-term health impact if left untreated
 - May lead to an early labor if you are pregnant
 - May put you at higher risk for HIV if left untreated
-  There is safe and effective treatment
-  Take a one time treatment today





Important: this medication can **NOT** be taken with alcohol in your system 3 days before and 3 days after, as it can make you very sick






Herpes

-  Could cause burning and tingling in genital area
-  Easily spreadable with potential for health impact
 - May increase your risk of acquiring other STIs in the future
 - May cause one or more outbreaks
-  Medication can decrease length and frequency of outbreak(s)
-  No treatment available today




HPV (Genital Warts)

-  Could cause small bumps or something feeling 'different'
-  Potential for health impact in the future
-  There is treatment available
-  No treatment today; vaccine is available




Hepatitis B

-  Potential for health impact in the future
 - May cause liver damage
-  There is treatment available
-  Vaccine is available today, if you have not been vaccinated



Hepatitis C

-  Potential for health impact in the future
-  There is treatment available
-  No treatment available today

Syphilis

-  Potential for health impact if left untreated
-  There is safe and effective treatment
-  No treatment available today

HIV

-  Medications to prevent HIV are available today
-  Additional follow-up if you started HIV prophylaxis

