

January 14, 2016

MN IAFN Annual Board Meeting

Education Event – Intersection of Mental Health and Sexual Assault

Board members in attendance:

Linda Walter, Ellen Johnson, Kristi Jarvis and Angela Carlson.

1. Linda Walther discussed the breakdown of the IAFN members in Minnesota. We have 21 SANE-A nurses and 10 SANE-P nurses in the metro area.
2. Ellen Johnson was elected to the position of President Elect, her term begins on January 1, 2016.
3. The bylaws were amended to include:
 - a. President must attend 75% of Board and Education meetings.
 - b. The Education Chair will become an elected board position in 2017 (when the current Director at Large term is completed).
4. Highlights from 2015:

We sponsored an eight hour training event at the BCA in April with close to 100 people in attendance. We also sponsored several Education Events.
5. In 2016 the Board and Education meetings will be combined and will be held on the first Monday at 4 pm of even months.
6. In 2016 the Education events will be held on the second Thursday at 6:30 pm of the odd months. We will have 5 Education Events in 2016.
7. Linda Walther added our mission and vision statement on the website. We will start using it with our branding ideas. Chapter website is MNforensicnurses.org
8. For the Educational part of our meeting today, we have guest speaker Natalie Keifer from Alexandria House. She will be discussing the intersection between mental illness and sexual assault. Natalie is an independent licensed social worker. She has experience in working with children and their

non-offending parent, using cognitive behavioral therapy. Natalie reviewed many research studies which discussed the incidence of serious mental illness and sexual assault. Childhood physical and sexual abuse can lead to a diagnosis of mental illness resulting from childhood abuse. The statistics of self-injury or suicide attempt as a result of rape. We reviewed post-traumatic stress disorder, grounding techniques, and the importance of counseling for victims of sexual assault.