

## Nucleus Clinic

### Preconception, Reproductive and Sexual Public Health Forum

**THURSDAY NOVEMBER 13, 2014**

**12:30 to 5:00**

**Unity Center for Learning and Development  
620 Osborne Road, Fridley MN**

#### Event

Nucleus Clinic will lead the first north suburban reproductive health community forum. Discussion and presentations will include components of reproductive health education, health care, services, principles of preconception counseling with a public health emphasis on symptoms and treatments of sexually transmitted infections.

You are invited to please attend and/or be named as a community sponsor (see below)

#### Background on Issue

*According to the Minnesota Department of Health, **Chlamydia** is the number one reported communicable disease in Minnesota and has reached epidemic proportions.*

*In 2013 approximately of 18,000 cases of Chlamydia were diagnosed in Minnesota. Nearly 900 of those cases were in Anoka County and 200 in Sherburne County.*

*Chlamydia is the most commonly reported communicable disease in Minnesota. From an all-time low of 115 cases per 100,000 in 1996, **the incidence of chlamydia has tripled to 353 per 100,000 in 2013.** Over these years, increases were seen across all gender, age and geographical groups. The rates have quadrupled among men (54 to 220 per 100,000) and more than doubled among females (175 to 484 per 100,000). Among 30-39 year-olds, the incidence rate is over five times higher in 2013 compared to 1996.*

Long term consequences of untreated sexually transmitted infections, particularly **Chlamydia** include pelvic inflammatory disease and infertility for both women and men and will be a focus of the forum. Conversations regarding sexual health concerns for the GLBT community will be included with a presentation by the Minnesota Rainbow Alliance.

physical and mental disabilities and chronic health problems will also be discussed. Personal, societal and taxpayer consequences will be addressed.

## **Audience**

Include education professionals, coaches, parents, corrections health care professionals, civic organization members concerned about health care, doctors, school nurses, social workers, foster parents, policy makers, county commissioners, county health board members, teen parent educators, public health professionals, health educators, foster parents, shelter providers, corrections, and woman's advocates for survivors of sexual and domestic violence.

## **Purpose**

Introduce the community to the public health principles of **Preconception Health** care as a structure for a focused discussion about reproductive health issues including undiagnosed and untreated sexually transmitted infection, particularly **Chlamydia**.

Identify persons and organizations in Anoka and Sherburne Counties and surrounding areas who are resources as together we seek more and better information about these life changing infections and unplanned pregnancies. We will reveal the public health risks and public dollar costs they present.

- Together we choose to measurably increase public health awareness of STI's and the social and medical impacts on the public.
- Offer clinical, social and public health resources to assist allies in increasing comfort with the necessities of reproductive and sexual health conversations and interventions.
- Address the stigma and policies and public conversations that prevent/inhibit men women and youth from seeking education and medical care for STI's and reproductive health.
- Recognize the impact of these and other reproductive health issues that contribute to misinformation, cancer risks, infertility, preterm birth and birth defects and other serious life changing consequences.

## Topic Areas Include:

- Stigma associated with reproductive health and sexually transmitted infections (STI's)
- Overview of STI's data for Anoka, Sherburne and surrounding communities with focus on health, societal and taxpayer costs.( Presentation by TeenWise Minnesota)
- Risk factors, behaviors and symptoms of STI's with emphasis on **Chlamydia**.
- Which **STI's** are forever and which are treatable. When, where and how to be tested. Introduction to Minnesota state law that provides for out of network services for certain reproductive health care
- HPV vaccination and cancer risks
- Confidentiality protections, overview of Minnesota Data Privacy and Minnesota Minor's right to consent law.
- Sexual coercion, who is at risk and how it is a factor for STI's and safety
- Overview of STI's and teen pregnancy data for Anoka, Sherburne and surrounding communities with focus on health, societal and taxpayer costs.( Presentation by TeenWise Minnesota)
- Review/of common birth control methods, effectiveness in prevention of STI's, and side effects
- Unintended and teen pregnancy data for Anoka, Sherburne and surrounding communities
- Overview of STI's and teen pregnancy data for Anoka, Sherburne and surrounding communities with focus on health, societal and taxpayer costs.( Presentation by TeenWise Minnesota)Best practice protocols for reproductive health education, testing and treatment.
- Common birth defects associated with high risk pregnancy and untreated STI's and HIV
- Sexual health testing treatment and protocols along with conversation and data

## **Forum Format**

The format will include diverse and welcoming presentations and discussions led by area and statewide expert including pediatrician, **Dr. Chinwe Umez of Health Partners**, a pediatrician with public health and reproductive health specialties, advocates as well as state and local providers ,

The theme for the day will be preconception health with emphasis on STI's and how community and clinic partners, health care providers and advocates, parents and educators, public policy makers, and clinicians can together address the stigma and certain misconception about reproductive and sexual health. It is our goal that our communities will be better able to develop a public health level response to these public health problems.

Training and resource materials will be provided for each person preregistered.

## **Cost/Registration/Dates**

Nucleus Clinic will sponsor the full costs of this summit and host breaks during the afternoon to ensure that each interested agency and individual is able to attend **There is no cost for sponsorship. See sponsorship authorization below.**

## **Community Partner Authorization**

**Upon review of the agenda and goals for the forum \_\_\_\_\_ (individual/agency) support the focus of the forum and requests to be recognized in forum materials as a community partner.**

**If you are a sponsor please forward an electronic version of the logo for the agenda/program and this authorization by email by Friday October 10<sup>th</sup>. Thank you**

## **Current Forum Partners**

- Nucleus Clinic
- Minnesota Department of Health
- Minnesota Chlamydia Partnership
- Rainbow Alliance
- ABC League of Women Voters
- Anoka County Domestic and Sexual Violence Coalition

Full agenda with schedule, presenters and detail will follow.

