

CALL TOLL FREE, 24 HOURS:  
**1-888-3737-888**



**BE ALERT.  
BE STRONG.  
BE FREE.**

**Help is just a phone call away.**

To reach a non governmental,  
confidential help line:

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**170+ languages**

Or dial **911** in an emergency

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## You have rights in the U.S. regardless of your visa status.

- Did someone take away your ID or documents?
- Is someone forcing you to work for them to pay off a debt?
- Is someone forcing you to work or have sex against your will?
- Is someone threatening or hurting you or your family?

**If yes, don't be afraid to ask for help.**

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